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| Journal Name: | [Asian Research Journal of Current Science](https://jofscience.com/index.php/ARJOCS) |
| Manuscript Number: | **Ms\_ARJOCS\_1867** |
| Title of the Manuscript: | **Assessing the Impact of Cognitive Behavioral Therapy on Middle-Aged Women in Myanmar: A qualitative approach** |
| Type of the Article | **Original article** |

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| **PART 1: Comments** | | |
|  | **Reviewer’s comment**  **Artificial Intelligence (AI) generated or assisted review comments are strictly prohibited during peer review.** | **Author’s Feedback** *(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.** | **Cognitive Behavioural Therapy is one of the Non-pharmacological management of many Psychiatric disorders like depression, OCD, anxiety disorders and panic attacks. It mainly targets the cognitive distortions and replace the antecedent behaviour. Consistent sessions of CBT by trained personals brings about good results. Females need more support in this aspect where their mental health is frequently ignored. Women should open up for health.** | Well noted with thanks. |
| **Is the title of the article suitable?**  **(If not please suggest an alternative title)** | **Yes** | Well noted with thanks. |
| **Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.** | **Better to add prevalence of usage of CBT and its outcome** | The CBT usage is more explained in the introduction where you highlighted. |
| **Is the manuscript scientifically, correct? Please write here.** | Qualitative research is difficult to do. Attempt is appreciable. | Well noted with thanks. |
| **Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.** | Yes | Well noted with thanks. |
| **Is the language/English quality of the article suitable for scholarly communications?** | Yes | Well noted with thanks. |
| **Optional/General** comments |  |  |

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| **PART 2:** | | |
|  | **Reviewer’s comment** | **Author’s comment** *(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)* |
| **Are there ethical issues in this manuscript?** | *(If yes, Kindly please write down the ethical issues here in details)* |  |